

Point of Break – www.pointofbreak.org

Breakout Assembly:

Presenter: Joe Olinger | Point of Break

Length: 45–60 minutes | **Grades:** K–12

Method: Engaging & Unforgettable

- **Exciting feats of strength:** Breaking bricks, bending steel bars, and other demonstrations illustrate key points in memorable ways.
- **Student participation:** Students are actively involved throughout, making the message personal and engaging.
- **Personal story:** Joe shares how encouragement and support helped him discover his value, grow in kindness, manage emotions, and overcome bullying.

Why Schools Choose Point of Break

- **Immediate engagement:** High-energy presentation holds attention from start to finish.
- **Practical life lessons:** Aligns with SEL and anti-bullying goals; students are inspired to take a stand for kindness.
- **Supports SEL & PBIS:** Reinforces positive behaviors, emotional awareness, empathy, help-seeking, and school-wide respect.
- **Easy to host:** We provide sound equipment and setup; schools choose the date, we handle the rest.

Assembly Objectives

Students leave having learned to:

- **Recognize their value:** Understand that self-worth isn't defined by others' opinions.
- **Encourage kindness and empathy:** Learn how words and actions can uplift others.
- **Cope with emotions in healthy ways:** Realize they are not alone and know how to seek help.
- **Be a good friend:** Stand beside peers who are struggling; listening and support make a difference.
- **Lead positive change:** Encourage students to be the change in their school for lasting impact.

SEL & PBIS Alignment

- **SEL Connections:** Self-awareness, self-management, social awareness, relationship skills, responsible decision-making.
- **PBIS Connections:** Reinforces positive behavior expectations, encourages help-seeking, supports empathy and kindness, strengthens school-wide community.

Our Mission

Point of Break provides high-quality assemblies as an additional resource for your school. We are committed to partnering with every school and make it our mission to never turn a school away due to lack of funding.

While bullying doesn't disappear overnight, we partner with schools to reinforce positive culture, SEL skills, and student-led PBIS initiatives to support lasting change.