

PBIS / SEL-ALIGNED

# POINT OF BREAK

Encouraging students. Impacting lives.

## SCHOOL ASSEMBLIES

### METHODS:

- **Exciting feats of strength:** Breaking bricks, bending steel bars, and other demonstrations illustrate key points in memorable ways.
- **Student participation:** Students are actively involved throughout, making the message personal and engaging.
- **Personal story:** Joe shares how encouragement and support helped him discover his value, grow in kindness, manage emotions, and overcome bullying.

### STUDENT OUTCOMES:

- **Stand Against Bullying**
- **Build Positive Character & Leadership**
- **Show Empathy, Respect & Responsibility**
- **Grow Resilience & Self-Confidence**
- **Develop Healthy Coping Skills for Strong Emotions**

**FORMATTED FOR K-12**

## SERVING SCHOOLS SINCE 1999

LET'S PARTNER FOR YOUR NEXT ASSEMBLY OR EVENT

[www.pointofbreak.org](http://www.pointofbreak.org) - [joe@pointofbreak.org](mailto:joe@pointofbreak.org) - 248-459-5157



**Reinforces PBIS  
and SEL goals:**  
*Empowering students  
through Character-  
Building Assemblies*

## Creating a Culture of Kindness and Respect



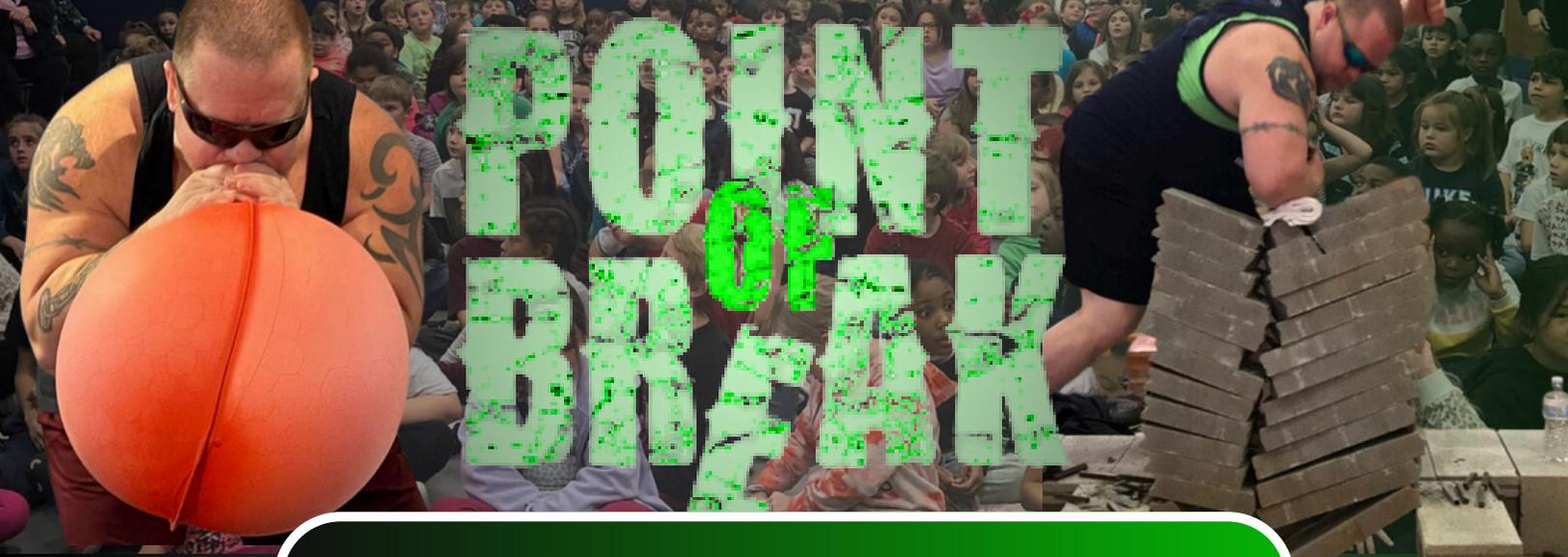
Since 1999, Point of Break has delivered high-energy assemblies that combine feats of strength with powerful stories. We motivate students to make better choices, build character, and create a culture of kindness and respect.

### Why It Works

- Reinforced message through engagement
- Visual demonstrations make learning effective
- Personal stories that resonate

### Feats of Strength:

- Lifting a heavy log overhead
- Breaking boards
- Snapping baseball bats
- Bending steel bars
- ...And more jaw-dropping demonstrations!



**WE DON'T JUST ENTERTAIN STUDENTS; WE EQUIP THEM!**

## ASSEMBLY OBJECTIVES:

### Students will learn to:

1. **Recognize their value**
  - o Understand that self-worth isn't defined by others' opinions. A healthy mindset shapes feelings, actions, and ultimately, success in life.
2. **Encourage kindness and empathy**
  - o Discover the power of words and actions to uplift others, showing respect and compassion in daily interactions.
3. **Cope with emotions in healthy ways**
  - o Realize they are not alone. Learn why bottling up anger and frustration leads to harmful behaviors, and how talking with trusted adults can help.
4. **Be a good friend**
  - o Stand beside peers who are struggling. Sometimes listening and showing support makes all the difference.



This packet helps elementary students reinforce key themes from the assembly, including:

- Engaging activities that encourage peer support
- Strategies to build kindness, respect, and emotional resilience
- A Bully-Free Zone certificate that can be signed and displayed in the classroom

**LEARN MORE**

 [www.pointofbreak.org](http://www.pointofbreak.org)  
 [Joe@pointofbreak.org](mailto:Joe@pointofbreak.org)



**“He really engaged all of our students.”**

“Joe not only inspired our students to stop bullying, but how to regulate their emotions... If you’re looking for someone amazing to come to your school or organization, **Joe Olinger is your guy!**”

- *LaShaunda Hoskins - Education, Coordinator*



**“Joe is THE speaker you need in the classroom!”**

“**Joe Olinger captivates audiences** with jaw-dropping feats of strength and powerful storytelling, leaving them inspired, empowered, and ready to overcome any challenge.”

- *Event Coordinator: Dan Nagy*

**“Absolutely Amazing!”**

“Joe did an amazing job, and both students and teachers loved his program! His feats of strength grabbed the kids' attention right away, and **his ability to keep them engaged made the experience unforgettable.** The students are already eager for his return!”

- *Clio School District: Alicia Head (Educator)*

**“The kids were excited! It’s highly engaging.”**

“Joe and Brad did a great job! Everything about the assembly...I think is so beneficial to students.”

- *Montague Principal*

**Let’s Inspire Your Students Together**

**Schedule Your Assembly Today!**

